

# *A Godly Plan for Love & The Sacrament of Holy Matrimony*

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For engaged or dating couples discerning a vocation within the Sacrament of Holy Matrimony.

A call to enter a commitment to one another and to the faith community of the church is one of permanency and requires sound preparation.

Pre-Cana

Sacrament Preparation

Approved by the  
Roman Catholic Church

## *What You Will Gain*

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This program is designed to deepen a couple's awareness of the challenges of living a truly joyful life within the Sacrament of Holy Matrimony. The tools needed to success will be provided.

Through discussions and presentations by married couples and priests, couples learn to plan for a future in the light of God's Grace.

Understanding the Sacrament of Holy Matrimony as designed by God will build the bonds of enduring love.

Segments Include:

- Union Between Man & Woman
- Sacrament of Holy Matrimony
- Remaining in "State of Grace"
- Mutual Total Self Giving
- Remaining Open-to-New-Life
- One Hour Introduction Natural Science of Ovulation (NSO)
- Healthy Communication
- Decision Making



A course consists of four classes totaling 8 hours. We recommend that the course be completed well before your wedding date, if possible.

Space is Limited Courses fill Quickly

## **Register Now!**

For Schedules, Locations, and Registration visit

[www.gpmp.org](http://www.gpmp.org)

## **Questions?**

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